

Nuturing Human Values, Vinalaya

DATE: 15/02/2020

Event Coordinator(s)

1. Ms. Martina D'souza

Student Coordinator(s)

1. NA

2.

Time& Place:

<u>15th Feb 2020, Vinalaya,</u> Andheri

Department:

Interfaith Committee

No of participant: 70

Interfaith Committee organized a event on Nuturing Human Values for Teaching and Non Teaching Staff of XIE at Vinalaya Andheri, which is a very peaceful area.

70 Staff participated in the event. Fr. Abhay Shirekar S.J was the speaker for the session.

Fr. Abhay spoke on knowing oneself, discovering inner peace, and having a good bonding with the family to relive stress and improve performance in workplace.

Breakfast and lunch was served by the Vinalaya to all the staff.

It was a good session liked by all the participants. Request to organize such more sessions in future.

Sd/-Ms. Martina D'souza Assistant Professor, IT Dept Sd/-Dr. Y. D. Venkatesh Principal





